

Lunedì

Martedì

Mercoledì

Giovedì

Venerdì

Sabato

9.30 - 10.30 PILATES FUSION	9.30 - 10.30 CARDIO TONE	9.30 - 10.30 PILATES	9.30 - 10.30 BODY TONE	9.30 - 10.30 FUNCTIONAL BODY WORKOUT	10.30 - 11.30 BABYSTART
13.00-14.00 SPINNING		12.45 - 13.45 POLE DANCE COMPETITIONS		13.00 - 14.00 SPINNING	12.00 - 13.00 POLE DANCE ALL LEVELS
17.00 - 17.50 BREAKDANCE 1		17.00 - 17.50 MODERN 1	17.00 - 17.50 BREAKDANCE 2	17.00 - 17.50 MODERN 1	
17.00 - 17.50 HIP HOP KIDS 2	17.00 - 17.50 GINNASTICA ACROBATICA BASE	17.00 - 17.50 HIP HOP KIDS 1	17.00 - 17.50 HIP HOP KIDS 2	17.00 - 17.50 HIP HOP KIDS 1	
18.00 - 18.50 BREAKDANCE 2	17.30 - 18.20 HIP HOP YOUNG	18.00 - 18.50 MODERN 2	17.50 - 18.40 HIP HOP YOUNG	18.00 - 18.50 MODERN 2	
18.00 - 18.50 TOTAL BODY	18.00 - 19.00 AERIAL HOOP OPEN INTERMEDIO/AVANZATO	18.00 - 18.50 GAG	18.40 - 19.30 GIRLY STYLE YOUNG	18.00 - 18.50 TABATA	
19.00 - 19.50 PILATES	18.30 - 19.20 DANCEHALL YOUNG	19.00 - 19.50 PILATES	18.00 - 19.00 POLE DANCE ALL LEVELS	19.00 - 19.50 DYNAMIC YOGA	
19.00 - 19.50 ZUMBA	19.00 - 20.00 AERIAL HOOP ALL LEVELS	19.00 - 19.50 MODERN MASTER	19.00 - 20.00 POLE DANCE ALL LEVELS	19.00 - 19.50 TOTAL BODY	
20.00 - 20.50 SPINNING	19.30 - 20.20 STEP	20.00 - 20.50 SPINNING	19.30 - 20.20 STEP	20.00 - 20.50 SPINNING	
20.00- 20.45 FIT BOXE	20.00 - 20.50 DANCEHALL MASTER	20.00 - 20.50 ZUMBA	20.00 - 21.00 POLE DANCE ALL LEVELS		
21.00 - 22.00 HIP HOP MASTER INTERMEDIO/AVANZATO	20.30 - 21.15 POWER JUMP WORKOUT	21.00 - 22.00 HIP HOP MASTER INTERMEDIO/AVANZATO	20.30 - 21.15 FIT BOXE	20.00 - 21.00 AERIAL MIX ALL LEVELS	
21.00 - 22.00 SALSAeBACHATA BASE	21.00 - 22.00 AERIAL HOOP ALL LEVELS	21.00 - 22.00 SALSAeBACHATA AVANZATO	21.00 - 22.00 GIRLY STYLE	21.00 - 22.00 AERIAL MIX ALL LEVELS	
22.00 - 23.00 HIP HOP MASTER AVANZATO	21.20 - 22.10 TWERK/REGGAETON	22.00 - 23.00 HIP HOP MASTER AVANZATO		21.15 - 22.15 KIZOMBA	
22.00 - 23.00 SALSAeBACHATA INTERMEDIO		22.00 - 23.00 GESTUALITA' FEMMINILE			